

RECURSOS COMUNITARIOS

Pérdida De Seres Queridos

Cancer Support Community
805 379-4777
cancersupportvvsb.org

Hospice of the Conejo
805 495-2145
hospiceoftheconejo.org

Vivienda Y Alimentos

Area Housing Authority
805 480-9991
ahacv.org

Manna
805 497-4959
mannaconejo.org

Rain (Transitional Living Center)
805 383-7505
raincommunities.org

Food Share
805 983-7100
foodshare.com

Many Mansions
805 496-4948
manymansions.org

The Samaritan Center of Simi Valley
805 579-9166
samaritancentersimivalley.org

LGBTQ—Identidad de Género

PFLAG
818 991-4797 x 27
pflag.org/chapter/pflag-oak-parkconejo-valley

Rainbow Umbrella
805 836-0099

Trevor Project
24/7 Trevor Lifeline: 866 488-7386
thetrevorproject.com

Servicios Médicos

Clinicas del Camino Real
805 498-3640
clinicas.org

Conejo Free Clinic
805 497-3575
805 328-3100—Dental
conejofreeclinic.org

Westminster Free Clinic
805 241-8366
westminsterclinic.org

Servicios de Salud Mental

CLU Community Counseling
805 493-3390
clucounseling.org

National Alliance on Mental Illness (NAMI)
Helpline: 805 500-6264
namiventura.org

VCBH—Early Detection and Intervention for the Prevention of Psychosis (EDIPP)
805 981-8865
vcbh.org/es/adultos-servicios-intervencion-temprana

Coalition for Family Harmony
805 983-6014
thecoalition.org/

Ventura County Behavioral Health (VCBH)
866 998-2243
vcbh.org/es/programas-y-servicios/servicios-para-jovenes-y-familias

VCBH—Rapid Integration Support and Engagement (RISE)
805 981-4233
vcbh.org/es/consiga-ayuda/programa-rise

Interface Children and Family Services
805 485-6114 x 662 (Main Number)
805 371-5707 (Thousand Oaks)
icfs.org/services/mental-health/

Youth Crisis Line—Interface
805 469-5882
icfs.org/services/youth-crisis-homeless-services/

Clases de Padres

Parent Child Interactive Therapy (PCIT) (2-8 años)
805 485-6114 x 662
icfs.org/services/mental-health/

Triple P—Positive Parenting Program (0-5 años)
805 485-6114 x 625
icfs.org/services/mental-health/

United Parents
805 384-1555
unitedparents.org

Abuso de Sustancias

BRITE

Educación y prevención del uso de sustancias
805 647-4622
straightupvc.org/

Ventura County Limits

venturacountylimits.org/en/

Servicios Sociales

Community Conscience

805 494-3543
communityconscience.org

Conejo Closet

El Conejo Closet busca ayudar a las familias de CVUSD necesitadas, proporcionando artículos de aseo personal, útiles escolares y ropa sin cargo.
conejouisd.org/Departments/Student-Services/Student-Support-Services/The-Conejo-Closet

Servicios Adicionales

Big Brothers Big Sisters

805 484-2282
bbsvc.org

Conejo Youth Employment

805 496-6868
conejoyes.com

Department of Rehabilitation

805 371-6279
dor.ca.gov

Líneas Directas

Ventura County Crisis Team (24/7) 866 998-2243 vcbh.org/es/consiga-ayuda/equipo-movil-de-respuesta-a-crisis

California Youth Crisis Line (24/7) 800 843-5200 calyouth.org

National Suicide Prevention Hotline (24/7) 800 273-8255 suicidepreventionlifeline.org

Crisis Text Line (24/7) Text HOME to 741741 crisistextline.org

Marque **211** o visite [el sitio web del 211](#) para obtener recursos adicionales del Condado de Ventura

Recursos de 12 Pasos

Alanon—alanonventura.org

Alateen—alanonventura.org/alateen

Alcoholics Anonymous—aaventuracounty.org

Narcotics Anonymous—clana.org/index.html

NarAnon—nar-anon.org

Not One More

805 242-6662
notonemore.net

Prescription Drug Disposal

venturacountyresponds.org/medicamentos-seguros/eliminacion-segura

Conejo Community Outreach

Pañales gratis
conejocommunityoutreach.com/diaper-bank.html

Lutheran Social Services

805 497-6207
lsssc.org/location/ventura-county

VCBH Substance use Treatment Services

844 385-9200
vcbh.org/es/programas-y-servicios/servicios-por-el-uso-de-sustancias

Harbor House

855 427-2672
harborhouseto.org/

Human Services Agency

805 449-7320
ventura.org/human-services-agency/

Kids and Family Together

805 643-1446
kidsandfamilies.org

Thousand Oaks Police Department

Non-emergency Line
805 654-9511
toaks.org/departments/police

Thousand Oaks Teen Center

805 494-5156
thousandoaksteencenter.com
Tutoría disponible, visite el sitio web.